

"This wonderful class has profoundly changed the relationship with me and my son - my husband, too. We talk more. He tantrums less. And he feels empowered - he owns the solutions and therefore works hard to carry it out. Thanks for teaching this class with such passion!" - Emily S



Helping the Behaviorally Challenging Child

2 Saturdays
March 10 &
March 24, 2012
9 a.m. - 1 p.m.

University of Puget Sound
1500 N Warner, Tacoma WA
Weyerhaeuser Hall
room tbd

Saturday March 10th 9:00-1:00
Collaborative Beginners
\$45, includes materials and
e-mail consultation
Additional family member
sharing materials, \$30

Saturday March 24th 9:00-1:00
Advanced Collaboration
\$45, includes materials and
e-mail consultation
Additional family member
sharing materials, \$30

BOTH classes for \$80, \$50 for
second family member

**Register by March 4 to
ensure your spot!**

www.BehaviorToday.info

If you are a parent or teacher of a child for whom sticker charts, rewards and other behavior programs just don't seem to work, or your child gets frustrated and melts down or simply puts on the brakes, this class series will explore these and other issues through Collaborative Problem Solving* and other positive communication practices. The presenter brings her personal experience as well as her experience helping other families and schools with these challenges.

You will learn:

- ◆ *What's getting in your child's way*
- ◆ *Why traditional behavior plans aren't working*
- ◆ *Communication methods that will create solutions and foster independence*
- ◆ *Common roadblocks and how to deal with them*
- ◆ *How to help your child become a flexible, tolerant problem-solver*

Presenter Sara Gardner is the parent of a former "challenging" child, and has been a professional trainer for 25 years. She teaches parenting classes to parents with children encompassing a wide range of disabilities, as well as those with typically-developing children. She has received training from Dr. Ross Greene, author of "The Explosive Child" at his Center for Collaborative Problem Solving, and from Stuart Ablon at Think:Kids. Sara currently serves as President on the board of directors for the Autism Society of King County, and works at Bellevue College as Program Advisor for their Autism Spectrum Navigators program, which she developed.

**Collaborative Problem Solving was originated by Ross Greene, PhD in his book "The Explosive Child." For more information on this model, recently recommended by the American Academy of Pediatrics as one of only two methods that work for "defiant" children, go to Think:Kids – Rethinking Challenging Kids at www.thinkkids.org.*

To register or ask a question contact Sara at 425.298.4409 or sesgardner@gmail.com. Class outline: www.BehaviorToday.info