



Helping the Behaviorally Challenging Child



Dates:

5 Wednesdays, 7-9 pm
Mar 7 - Apr 4, 2012

Location:

Clark Elementary School
Library
500 2nd Ave SE
Issaquah

Cost:

\$90, includes class materials
\$50, for 2nd person from
same household sharing
materials

Are you a parent or teacher of a child for whom sticker charts, rewards and other behavior programs just don't seem to work, or your child gets frustrated and melts down or simply puts on the brakes?

Sponsored by the Issaquah PTSA Council, Issaquah Special Needs Group proudly presents *Helping the Behaviorally Challenging Child*. This class series that will explore these and other issues through **Collaborative Problem Solving*** and other positive communication practices. The presenter brings her personal experience with her own family as well as her experience helping other families and schools with these challenges.

YOU WILL LEARN

- What's getting in your child's way
- Why traditional behavior plans aren't working
- Communication methods that will create solutions and foster independence
- Common roadblocks and how to deal with them
- How to help your child become a flexible, tolerant problem-solver

WELCOME SARA GARDNER

Presenter Sara Gardner is the parent of a former "challenging" child, and has been a professional trainer for 25 years. She teaches parenting classes to parents with children encompassing a wide range of disabilities, as well as those with typically developing children. She has received training from Dr. Ross Greene, author of "The Explosive Child" at his Center for Collaborative Problem Solving, and from Stuart Ablon at Think:Kids. Sara currently serves as President on the board of directors for the Autism Society of King County, and works at Bellevue college as Program Advisor for their Autism Spectrum Navigators program, which she developed for them.

*Collaborative Problem Solving was originated by Ross Greene, PhD in his book "The Explosive Child." For more information on this model, recently recommended by the American Academy of Pediatrics as one of only two methods that work for "defiant" children, go to Think:Kids – Rethinking Challenging Kids at www.thinkkids.org.

"This wonderful class has profoundly changed the relationship with me and my son - my husband, too. We talk more. He tantrums less. And he feels empowered - he owns the solutions and therefore works hard to carry it out. Thanks for teaching this class with such passion!" - Emily S

CLASS REGISTRATION

Deadline to register is March 2nd, 2012. To register for the class or to find out more information, please contact Issaquah Special Needs Group Co-Chair Roseann Popa at info@issaquahspecialneedsgroup.org
Register early, space is limited

